



### *January*

*Wednesday 4<sup>th</sup>; Sensei Duncan Webster*  
*Monday 9<sup>th</sup>; Sensei Trevor Hall*  
*Wednesday 11<sup>th</sup>; Sensei Jon Cann*  
*Monday 16<sup>th</sup>; Sensei Daniel Griffiths*  
*Wednesday 18<sup>th</sup>; Sensei Duncan Webster*  
*Monday 23<sup>rd</sup>; Sensei Trevor Hall*  
*Wednesday 25<sup>th</sup>; Sensei Jon Cann*  
*Monday 30<sup>th</sup>; Sensei Daniel Griffiths*

### *February*

*Wednesday 1<sup>st</sup>; Sensei Duncan Webster*  
*Monday 6<sup>th</sup>; Sensei Trevor Hall*  
*Wednesday 8<sup>th</sup>; Sensei Jon Cann*  
*Monday 13<sup>th</sup>; Sensei Daniel Griffiths*  
*Wednesday 15<sup>th</sup>; Sensei Duncan Webster*  
*Monday 20<sup>th</sup>; Sensei Trevor Hall*  
*Wednesday 22<sup>nd</sup>; Sensei Jon Cann*  
*Monday 27<sup>th</sup>; Sensei Daniel Griffiths*  
*Wednesday 29<sup>th</sup>; Sensei Duncan Webster*

### *March*

*Monday 5<sup>th</sup>; Sensei Trevor Hall*  
*Wednesday 7<sup>th</sup>; Sensei Jon Cann*  
*Monday 12<sup>th</sup>; Sensei Daniel Griffiths*  
*Wednesday 14<sup>th</sup>; Sensei Duncan Webster*  
*Monday 19<sup>th</sup>; Sensei Trevor Hall*  
*Wednesday 21<sup>st</sup>; Sensei Jon Cann*  
*Monday 26<sup>th</sup>; Sensei Daniel Griffiths*  
*Wednesday 28<sup>th</sup>; Sensei Duncan Webster*